



Middle/Middle American River 2-Day Trip Details

PRE-TRIP CHECK LIST:

- Double check the meeting place, time and directions. Arrival time for your first night of camping prior to your first day of rafting is 5:30pm or after.
- Electronically sign your waiver and complete your registration by clicking the link in your email.
- Be sure you have everything you need on the "what to bring list" located on page 2 & 4. You can keep anything you would not want to lose in the river (wallet, phone, jewelry, other electronics) locked safely in your car in our private parking lot. We will keep your keys in a locked location while you are rafting.






MEETING TIME AND LOCATION:

**5:30PM or after the Night
Before Your Rafting Trip**
Whitewater Excitement
Campground
6580 Hwy 49
Lotus, CA 95651

Trip Itinerary (2 nights camping, 2 days rafting, 5 meals

Breakfast - 6:20am
Middle Fork (lunch included) - 7:00am
Dinner - 6:00pm
Breakfast - 6:20am
Middle Fork (lunch included) - 7:00am
Trip ends - 4:00pm

TRIP BASICS:

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|  12+ years |  Advanced, Adventurous First Timer, Intermediate |  2 Days |  Class III-IV |  36 River Miles |
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What to Wear/Bring Rafting:

- Bathing suit/trunks, light weight, quick drying top (rash guard works well), light weight windbreaker for cooler mornings.
- River sandals (strap on the back) or old tennis shoes work great (**NO flip flops, crocs or bare feet please!**) You will be walking on rocky ground.
- Hat (optional under helmet)
- Sunglasses (recommend retaining device so they don't end up in the river)
- Sunscreen and lip protection
- Water bottle to have in the raft (drinks provided at every meal and at the end of each trip)
- Inexpensive waterproof camera (professional pictures are taken at one or two of the rapids)
- Dry clothes for trip home (to be left in your car)
- Tip for your guide – while not mandatory, if you feel your guide did a great job in giving your group a safe, exciting time, a tip is always appreciated.

Please do not bring a backpack with you on the river

Whitewater Excitement Will Provide:

- ✓ Transportation to and from the meeting location.
- ✓ Top notch certified (CPR, first aid, swift water rescue) guides, PFD (personal flotation device), paddles, helmets and rafts.
- ✓ 5 Delicious meals plus cold drink and snack at the end of each trip.
- ✓ Wetsuits and paddle jackets are included free of charge for spring trips (prior to Memorial Day weekend).

Middle Fork 2-6 paddlers per raft

Spring/Fall Trips

Wetsuits and Splash Jackets are provided at no additional cost for the springtime (prior to Memorial Day weekend) or cold weather trips. Our wetsuits fit those up to 6'4" and/or 300 pounds.

Wearing cotton is NOT recommended.

Fleece or wool are your best options for cool or wet weather.

Summer Trips

In the summertime the biggest concerns are sun protection and hydration. Be sure to bring a water bottle to have in the raft and make sure to apply sunscreen prior to your trip.

We will provide a cold drink and snack at the end of every trip.

We Need to Know

If you have any medical conditions or allergies (i.e. EpiPen, Inhaler, Medication) be sure to let us know on your online Registration Form and/or let your trip leader know when you check-in for your trip.

Additional Trip Planning Information...

Cancellation Policy

- ❖ We strictly adhere to our cancellation policy listed on your group organizer's invoice which states you will receive 100% credit (to put towards a future trip) as long as we have 3 days notice prior to your scheduled trip. No refunds for any cancellation.
- ❖ The 100% credit applies if Whitewater Excitement is unable to run your trip for any reason. Reasons may include weather, water flows, wildfire and/or smoke, or any other unforeseen circumstance.
- ❖ Please understand when we make a reservation for you for a specific date and trip, we are holding spaces for you and turning others away because of space limitations imposed on us by various governmental agencies. Those spaces are difficult to fill at the last minute.
- ❖ We reserve the right to cancel or modify a trip due to weather, water conditions, insufficient reservations or other circumstances beyond our control. In such cases we are only responsible for the trip fees paid to us. Guides and other on-river staff employed by Whitewater Excitement are not authorized to make or promise trip refunds or credits. Such determinations can only be made by the WWE Office Staff.
- ❖ Trip Travel Insurance is strongly suggested and will cover such cancellations. Trips depart rain or shine.

Participant Responsibilities

All river trips involve some risk, and we recognize that accidents and injuries can occur. We assume no responsibility for injury, damage, or loss of your belongings. All participants are required to sign an Assumption of Risk/Liability Release Form online prior to their trip. Any minor, not being accompanied by their parent, must have this form signed online by their parent prior to their trip.

Safety First

The river is not a place for drugs or alcohol. Drugs and/or alcohol are not allowed before or during your rafting trip. We reserve the right to refuse service to anyone under the influence of such substances and to anyone we feel will jeopardize his or her personal safety or the safety of others on the trip. There are no refunds or credits given for this reason.



Professional Photographs

Professional photos are taken at one or two rapids on your trip. You can view and purchase your photos by clicking "Buy Photos" at the top right of the whitewaterexcitement.com home page. The photo company is not affiliated with Whitewater Excitement. Any problems contact Hot Shot Imaging.com or 530-621-0400



Camping Accommodations

Whitewater Excitement has the most beautiful, private, riverside campground on the South Fork of the American River, complete with flush toilets, free hot showers, electricity in the bathrooms, volleyball court, horseshoe pits and camp hosts on site.

Camping is \$15.00 per person, per night and **requires a reservation**. Camping is included in our 2-day trips.

Our facilities are tent camping. You can bring your own equipment or see our rental options below.

Camping at the WWE Campground is GROUP camping. We have 5 main camp areas. We arrange groups by size to share the camp areas. Please feel free to make new friends. Each camping area has tables, fire pits and water. Campfires are allowed, but please be aware that we can have our fire permit pulled at a moments notice in extremely dry years.

Check-in time for our campground is 5:30pm or after the night before your trip. Upon arriving at the WWE Camp Area, please check-in with either our camp hosts or check the WWE Camp assignment board in front of our camp store for your assigned area. Our camp hosts are available until 10:00pm to help you find your camping area.

Quiet Time is 10:00pm. Please turn music down low, or off and keep noise to a minimum for the enjoyment of everyone else camping with us. Many of our guests will be waking early for rafting the next morning.

WWE has a small camp store that is typically stocked with t-shirts, sunglasses, Chums, sunscreen, ice, and drinks in case you forgot something from home. We also have a larger grocery store close by.

Suggested camping equipment to bring...

- Tent and ground cloth
- Sleeping bag, pad and pillow
- Lawn/camp chairs
- Camp clothes (dry shoes, long pants, shorts, shirt, sweatshirt and/or light jacket)
- Flashlight, lantern, insect repellent
- Personal Hygiene items (towel, toothbrush and paste, soap, shampoo, etc.)
- Food and drinks, if not provided
- Campfire wood

Please do not bring...

Pets, fireworks, high-pressure water guns or firearms. Due to the great risk of injury, we do not allow high-pressure water guns on our trips. We suggest you leave your valuables at home.

Rental Options at Whitewater Excitement Campground (In addition to camping cost)

- 2-Person Dome Tent \$15.00 per night
- 4-Person Dome Tent \$25.00 per night
- Cabin Tent (sleeps 5 w/ 1 queen, 3 singles padded wooden frame beds) \$80.00 per night

